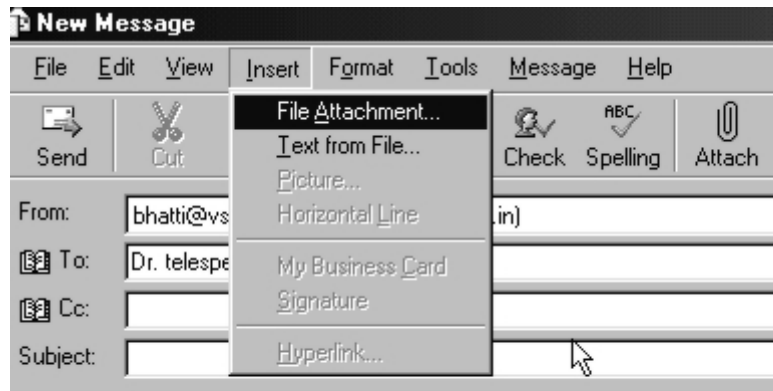

Telemedicine: How to attach graphic files to your e-mail

Dr. Swaranjit Singh Bhatti

The word telemedicine conjures up images of a complex videoconferencing setup with teams of doctors on either site rushing to and fro making real time decisions. While such setups are possible, they are expensive; in Ophthalmology a cheap telemedicine option is merely to send e-mails to the specialist to be

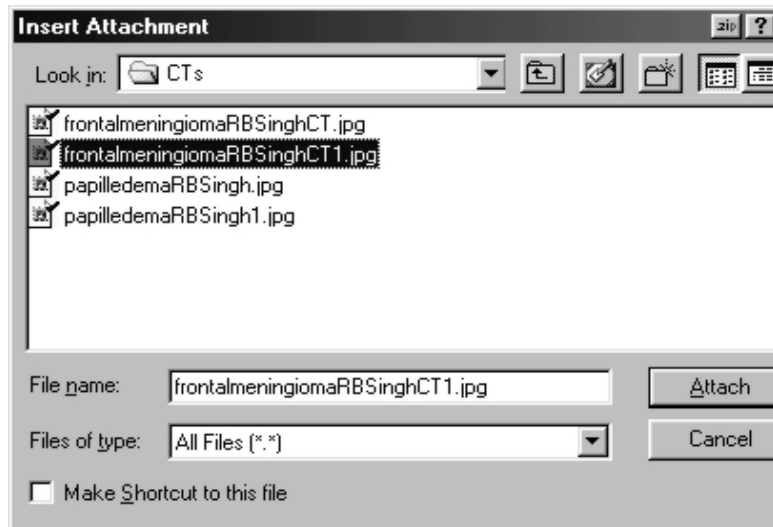
consulted with the patient's diagnostic data, (fundus photos, ultrasound etc) as graphic file attachments. This short tutorial walks you through the steps of attaching a graphic file to an e-mail message in outlook express-5, an e-mail program from microsoft that comes along with the windows operating system.

1. Start a new e-mail message. Fill in the e-mail address and subject line.
2. Click on Insert- File attachment



Dear Dr.
I am sending you the ultrasound prints of Mr. Teli patenta
for your review.

3. From the mini-explorer window that appears, choose the graphic file to be attached. Then click the attach button



4. The file is automatically attached to the e-mail and appears as an icon in the attach line just below the subject line



Dear Dr.

I am sending you the ultrasound prints of Mr. Teli's patent for your review.

5. The receiver of the e-mail merely clicks on the attachment icon to open and view it and can then e-mail back his opinion.

Sending files as attachments is also a great way to send articles for publication in this journal; contributors please note.

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